

BRIEF CURRICULUM VITAE



Dr. George A Koumantakis, Associate Professor
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Dr. Koumantakis is an Associate Professor of the Department of Physiotherapy, University of West Attica (UNIWA) since June 2024. He has served as Director of the 'Laboratory of Advanced Physiotherapy-L.Ad.Phys.', a Research and Education Centre of the School of Physiotherapy at UNIWA between 2020-23, as Assistant Professor of the Department.

He has a BSc(Hons) Physiotherapy degree from the TEI of ATHENS and an MSc & PhD in Physical Therapy from the Victoria University of Manchester, specialising in active exercise programmes for patients with back pain. Throughout the course of his post-graduate studies he has been a Fellow of the State Scholarships Foundation-IKY (Greece) and has also received a complementary Scholarship from the Hospital Savings Association (UK).

He has a sufficient number of publications in International journals, a large number of oral and poster presentations in Greek and international conferences and is currently an Editorial Board Member of 2 International scientific medical journals (*World Journal of Orthopedics & International Journal of Environmental Research and Public Health*). Also, he serves as a reviewer of scientific papers in Greek and International conferences and scientific journals. He has undertaken in the past the scientific organisation of three Annual Congresses of the Panhellenic Physiotherapists' Association [P.P.T.A.] (2006, 2008 and 2024) and has also served as a European Affairs Representative of the Association (2006-2012).

He is a member of the Panhellenic Physiotherapists' Association, the Greek Scientific Society of Physiotherapy and a past member of the Chartered Society of Physiotherapy, the Society for Back Pain Research & the Physiotherapy Research Society. He has been a full-time clinical Physiotherapist at the 401 General Military Hospital of Athens for a number of years (2006-2020).

His ongoing research interests involve the application of evidence-based physiotherapy practice in prevention and management of

neuromusculoskeletal pathologies, particularly the effects of physiotherapy interventions within a wide age, occupational and physical activity population spectrum.

Google Scholar:

<https://scholar.google.com/citations?user=aMmZg7AAAAAJ&hl=en>

Researchgate:

https://www.researchgate.net/profile/George_Koumantakis