



UNIVERSITY OF WEST ATTICA

ΠΑΝΕΠΙΣΤΗΜΙΟ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ



University of West Attica (UNIWA)
School of Health Professions and Welfare
Department of Physiotherapy
Study Guide
2025-2026

WHAT IS PHYSIOTHERAPY

"Physiotherapy develops, maintains and restores body movement and function."



Physiotherapy helps patients recover from physical difficulties and movement loss, enabling to maximise quality of life.



Example:

If someone suffers from a knee injury due to a sports accident, physiotherapy can help to restore the person's knee function.



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UNIVERSITY OF WEST ATTICA- GENERAL INFORMATION

The University of West Attica (UNIWA) (<https://www.uniwa.gr/>) is a superior academic Institute, situated in Attica. It was founded in March 2018 and resulted from the merging process of the former Technological Educational Institute of Athens and the Piraeus University of Applied Sciences. In 2019, the National School of Public Health joined the newly founded University of West Attica. Today, it is considered amongst the three greatest Universities within Greece, and it is situated in the western department of Athens. UNIWA consists of two campuses in Egaleo, Athens.

The first campus, Egaleo Park, is in Agiou Spiridonos str. and the second campus of Ancient Olive Grove in Thivon and Petrou Ralli str.

The Institute consists of 6 Schools and 27 departments that cover a wide range of scientific fields and University studies.

Faculty of Public Health (2 departments)

Faculty of Financial and Social Sciences (6 departments)

Faculty of Food Sciences (2 departments)

Faculty of Health and Caring Sciences (5 departments)

Faculty of Applied Arts and Culture (4 departments)

Faculty of Engineering (8 departments)

UNIWA Administration

- **Rector:** Professor Panagiotis Kaldis
- **Vice Rectors:**
 - Petros Kalantonis — Research, Innovation and Lifelong Learning
 - Aristeidis Papagrigorios — Administrative and Financial Affairs – Sustainable Development
 - Stavros Kaminaris — Academic Affairs and Quality Assurance
 - Theodoros Xantos — Internationalization and Outreach
- **Dean of the School of Health Professions and Welfare:**
Professor Vasiliki Kefala

DEPARTMENT OF PHYSIOTHERAPY- GENERAL INFORMATION

Introduction

The Department of Physiotherapy is self-contained and autonomous department of the Faculty of Health and Caring Professions (<http://www.phys.uniwa.gr/en/department/>). The Physiotherapy Department of the University of West Attica is the evolution of the Physiotherapy Department of Athens Technological Educational Institute. It is the highest ranked Department of the University of West Attica.

Physiotherapy training begun in 1943 with the American Institute of Near East in Athens. The official foundation of the School of Physiotherapy was legislated in 1952 with the n.2028/52 and starts in function in 1958 in the Hospital of “King Paul” (currently Laiko General Hospital of Athens). In 1968 the School of Physiotherapy is characterized as Superior. In 1973 the School of Physiotherapy started to function in the Center of Higher Technological Education (KATE) in Athens. In 1983 the Foundational law 1404/1983 of Technological Educational Institutes (TEI) is voted incorporating both: a) the Department of Physiotherapy of TEI of Athens in the Higher Education with 7 semesters as the duration of studies and b) the School of Physiotherapy King Paul in TEI of Athens. In 2001 law N. 2916/2001 is voted a and the Physiotherapy Department of TEI of Athens is included in the Higher-level Education and more specifically in Technological Education with 4 years of studies. In 2017, law n.4485/2017 separates the Technological Institutes and the Universities as distinct and parallel sectors of Higher Education.

Information-Contact

The administration office of the Physiotherapy Department is on Campus 1, Agiou Spiridonos str., PC 12243 in Athens (<http://www.phys.uniwa.gr/en/contact/>).

Administration of Physiotherapy Department

Head: Professor Gioftsos Georgios

Prof. Gioftsos is the Head of the Physiotherapy Department of UNIWA.

Contact details: Campus 1, Egaleo Park, K6 Building, office 024, phone number: +30 210-5387475, email: gioftsos@uniwa.gr

Vice Head: Professor V. Sakellari

Contact details: Campus 1, Egaleo Park, K6 Building, office 024, email: vsakellari@uniwa.gr

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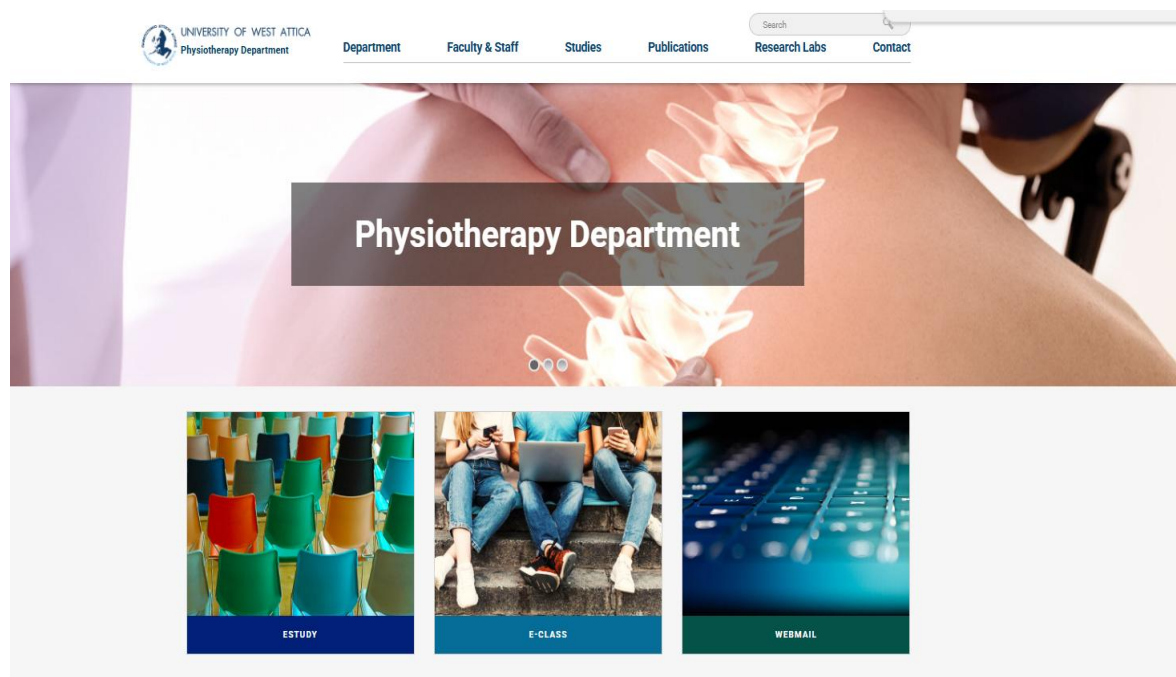
The administrative services (K6 Building K6, Office O15) is open for the public every Monday- Wednesday-Friday at 11:00-13:00pm

Head of Secretary services: Elisavet Ntala

Contact Number 210-5387485

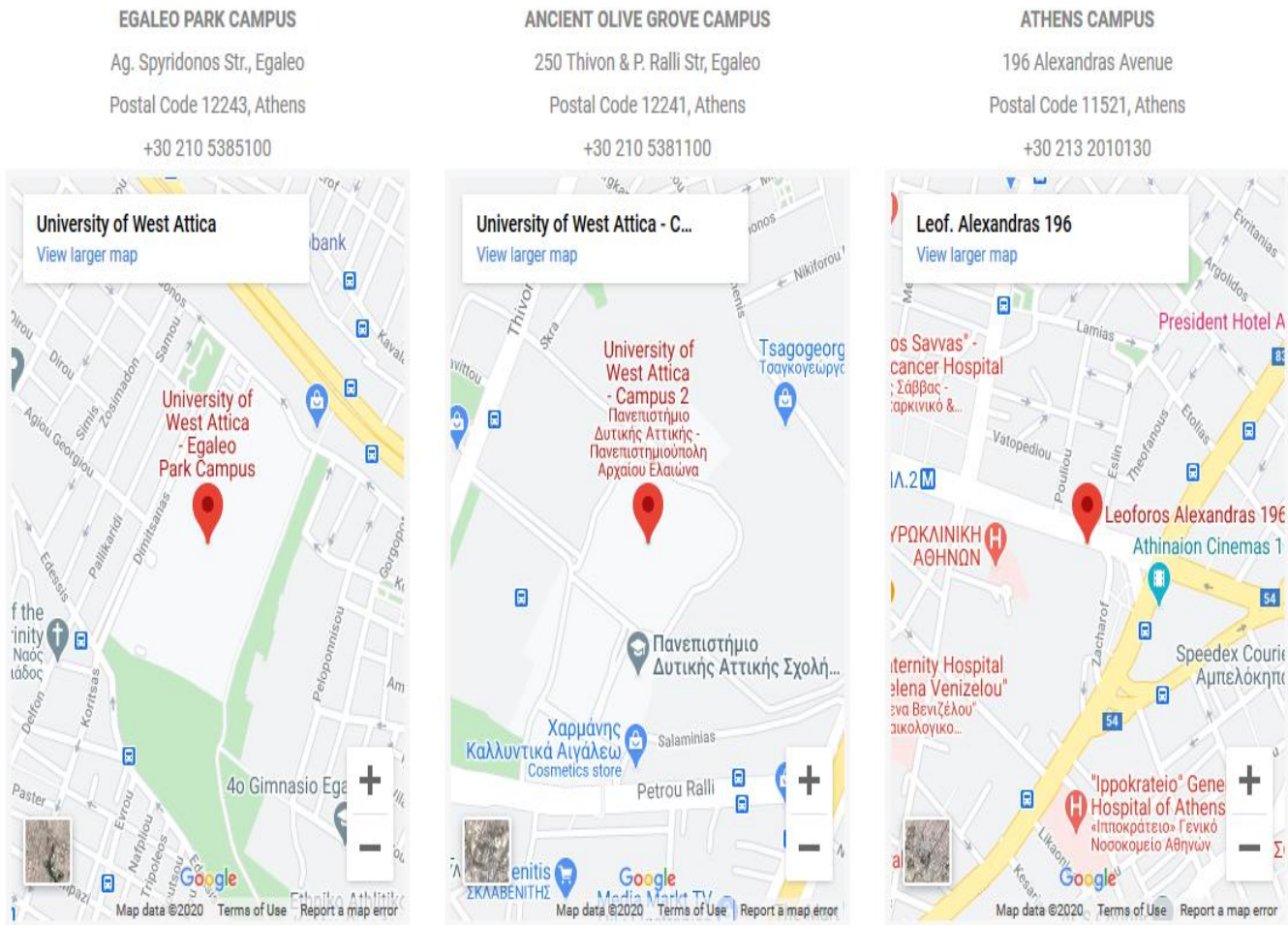
Fax: 210-5147232

E-mail: physio@uniwa.gr



<https://phys.uniwa.gr/>

Instructions- How to get to the Department of Physiotherapy of the University of West Attika (UNIWA)



The Department of Physiotherapy is in the central building of Campus 1 Egaleo Park, at Agiou Spiridonos 28, PC 12243, Egaleo (<https://www.uniwa.gr/en/contact-and-maps/>).

The nearest metro station is Egaleo, which is located 20 min walk from the department. The nearest bus stations are:

Delfon Station

811 Chaidari (Χαϊδάρη) – Agia Marina (circular) (link with metro station Agia Marina – Attention: Direction from TEI towards metro)

829 UNIWA Piraeus– Egaleo Station –UNIWA Athens (Link with Egaleo metro station)

831 Piraeus – Egaleo

UNIWA Athens (direction to Athens/direction from Athens) and Pigadaki ‘Πηγαδάκι’ (towards Athens)

731 Anthoupoli – Anthoupoli Metro Station – Atticon Hospital – Δάσος (Link to Anthoupoli metro station)

750 Atticon Hospital – Egaleo Metro station – Nikaia (link to Egaleo metro station)

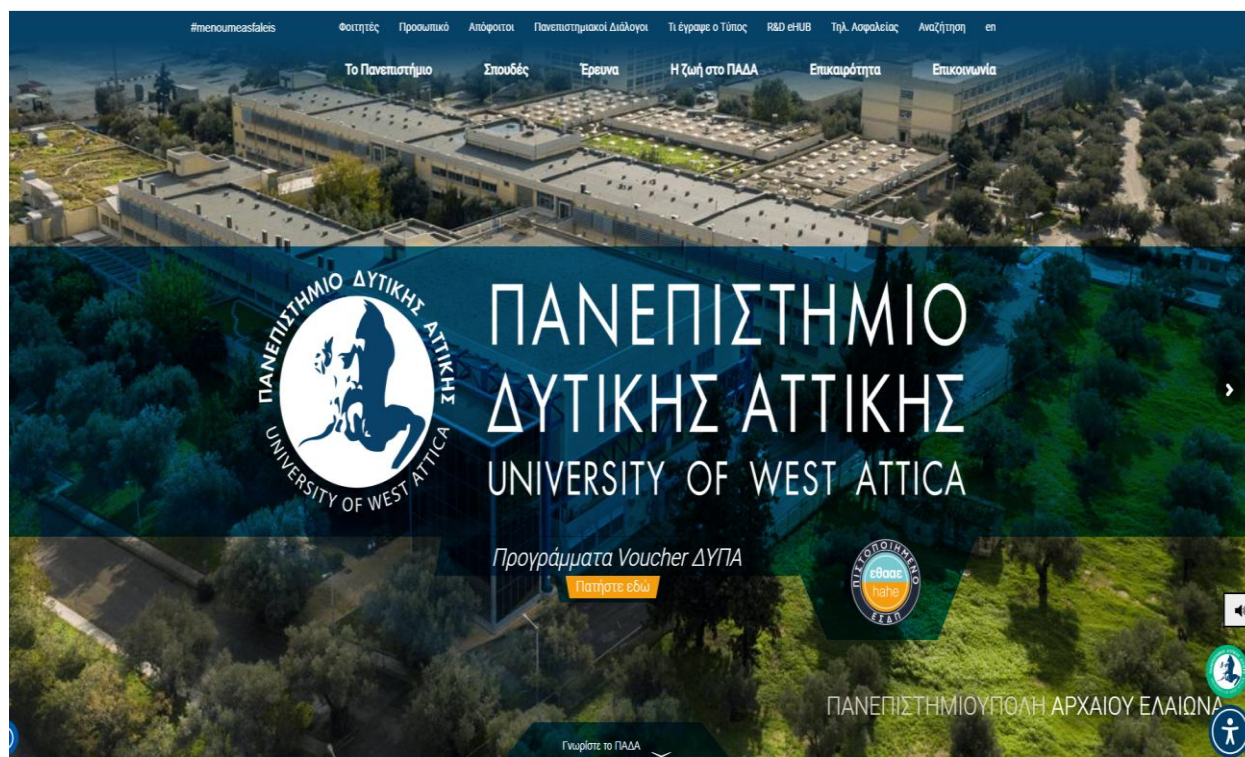
845 Piraeus– Elefsina (via Thivon)

A15 Larissa Station– Δάσος (link with Larissa metro Station and Metaxourgeio)

B15 Larissa Station – Palataki (link with Larissa metro Station and Metaxourgeio)

Γ16 Koumoundourou Square – Aspropirgos

UNIWA **station** is the terminal station of the School Bus Route Express **E15**:
Larissa Station – UNIWA Athens
(it does not run from July to August).



<https://www.uniwa.gr/>

ACADEMIC STAFF

The academic staff of the Physiotherapy Department is divided in Academic Research Staff (DEP), Special Laboratory Research Staff (EEDIP), Special Laboratory Staff (ETEP) (<http://www.phys.uniwa.gr/profiles/faculty-members/>)

The academic Research staff is comprised of 15 members:

D. Bakalidou, Professor (dafbak@otenet.gr)
G. Georgoudis, Professor (ggeorge@uniwa.gr)
G. Gioftsos, Professor (gioftsos@uniwa.gr)
I. Grammatopoulou, Professor (igrammat@uniwa.gr)
M. Papandreou, Professor (mpapand@uniwa.gr)
G. Papathanasiou, Professor (gpapa@uniwa.gr)
V. Sakellari, Professor (vsakellari@uniwa.gr)
G. Koumantakis, Associate Professor (gkoumantakis@uniwa.gr)
M. Papadopoulou, Associate Professor (mpapad@uniwa.gr)
D. Stasinopoulos, Associate Professor (dstasinopoulos@uniwa.gr)
N. Chrisagis, Assistant Professor (nchrisagis@uniwa.gr)
S. Karanasios, Assistant Professor (skaranasios@uniwa.gr)
G. Krekoulas, Assistant Professor (gkrekoulas@uniwa.gr)
M. Moutzouri, Assistant Professor (moutzouri@uniwa.gr)
I. Patsaki, Assistant Professor (ipatsaki@uniwa.gr)
M. Stamou, Assistant Professor (mstamou@uniwa.gr)

The special Laboratory Academic Staff (EEDIP) is comprised:

Dr. G. Mitsiou (gmitsiou@uniwa.gr)

The special Laboratory Staff (ETEP) is comprised:

V. Brisimis, MSc, PT (vbrisimis@uniwa.gr)

UNDERGRADUATE PROGRAM OF STUDIES

Introduction - General Information

According to WCPT, Physiotherapists provide services that develop, maintain and restore people's maximum movement and functional ability. They can help people at any stage of life, when movement and function are threatened by ageing, injury, diseases, disorders, conditions or environmental factors (<http://www.wcpt.org/>).

Physiotherapy Profession, via WCPT belongs to World Health Professions Alliance (WHPA), participates as an autonomous health professional, as physicians, dentists, pharmacists, nurses (<http://www.wcpt.org/collaborations-activities>) and belongs to "the regulated professions" as physicians, nurses, dentists, midwives, veterinary surgeons, pharmacists and architects.

Physiotherapy Department's mission is the development of health scientists, appropriately trained with adequate knowledge and skills for professional practice, able to address the current social and labor market needs.

The level of studies of the Physiotherapy Department is centered on the current evidence-based practice, to the advancement of theoretical background in combination with competent clinical practice and knowledge implementation, as the current demands and evolutions impose in the Physiotherapy scientific field. Moreover, the promotion of Physiotherapy Science is illustrated via the dissemination of continuous research activity of the academic community and their extroversion. The department's extroversion is accomplished: 1) via the development of collaborations with public and private bodies of local and global scientific and research field as well as the Erasmus, and 2) the social contribution and induction of graduates in the labor market in Greece and globally. The program of studies of the department of Physiotherapy is in line with the European countries' program of studies and the guidelines of the World Confederation for Physical Therapy – WCPT.

Requirements of Degree Acquisition

Entrance to the UNIWA Physiotherapy Department is accomplished through the Panhellenic Exams (GCSE grades) after the acquisition from High School or Technical High School (10% entrance) according to the current legislation. Graduates from other departments of higher (tertiary) education can enter the

Physiotherapy Department with the procedure of graduate admission (fast-track) examinations. Enrollments of university freshmen students are performed during the timeline that current relevant ministerial decisions define.

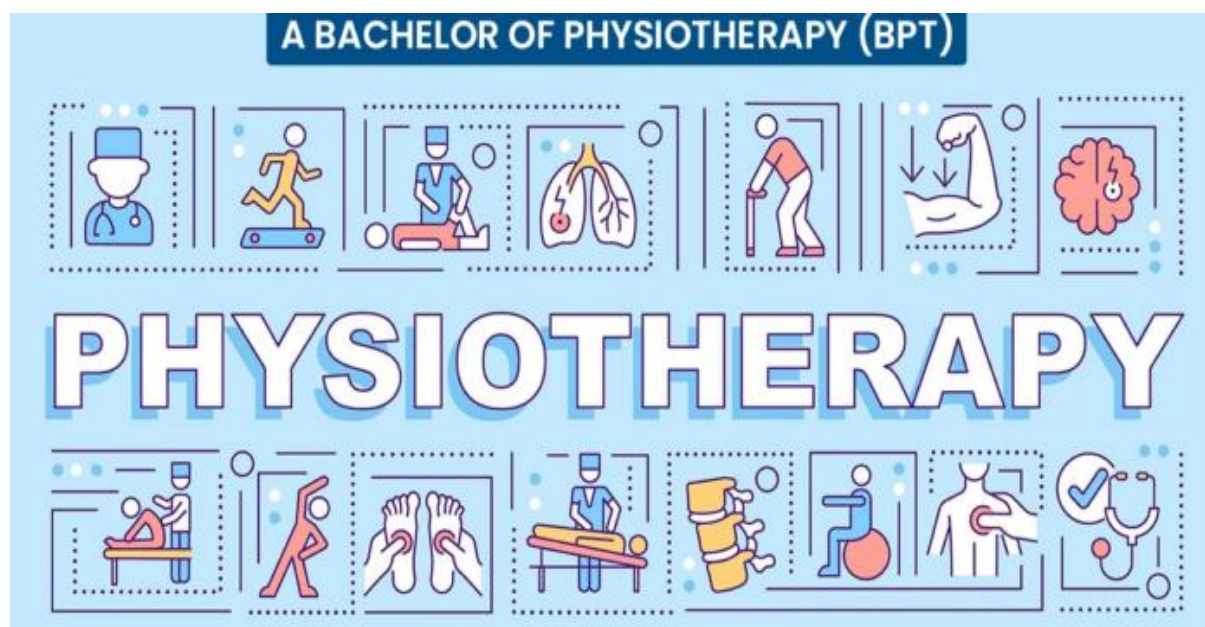
Outline description of modules per year

The Department of Physiotherapy, within the School of Health Sciences and Welfare of the University of West Attica, has received the approval of the Committee for Undergraduate Greek-speaking and International (non-Greek) Study Programs of the Foundation, with the start of implementation for the validation of the Department's Undergraduate Program, as proposed by the Department of Physiotherapy (*MEETING 14/26-09-2024, ADA: 6Y7046M9ΞH-3Y6, MEETING 19/10-12-2024, ADA: 606946M9ΞH-Σ6B*).

The undergraduate program, in its total set of compulsory courses, comprises 41 courses, at 216 teaching hours per week. Over the four (4) years of study, the total teaching hours (excluding examinations) amounted to 2,808 hours.

The total number of teaching units over the four years corresponds to 240 ECTS (1 ECTS equals 30 hours of workload) and a total workload of 7,200 hours.

The program of studies and the summary modules' description can be found in the official university' website at: <https://phys.uniwa.gr/wp-content/uploads/sites/19/2025/09/Curriculum-ENGLISH-2025.pdf>.



GENERAL CHARACTERISTICS OF THE PROGRAM

- Overall number of modules: 41
- Total Mandatory Modules: 41
- Total number of teaching hours/week: 216
- Total teaching hours for the 4 years of study (without exams) 2808
- Number of theoretical hours/weeks: 120 (68,4%)
- Total number of theoretical hours for the 8 SEMESTERs (without exams) 1560
- Number of workshop hours/week without internship: 56 (31,6%) 24 hours clinical placement
- Total number of workshop hours for the 4 years of study (without exams and internship): 728 (312 clinical placement)
- Mandatory internship 704 hours (4 months x 22 days x 8 hours)
- Number of internships per week 40 (5 days x 8 hours)

Overall Workload 7.200 hours

ECTS: 240 (1 ECTS is equivalent to 30 hours of workload)

Weight Coefficients:

- 2: Dissertation, Internship and modules of Clinical Placement
- 1,5: Mixed modules
- 1: Theoretical modules

CATEGORIES OF MODULES

- **MANDATORY**

GBM = General Background Modules: 10

SBM = Special Background Modules: 5

SM = Speciality Modules: 22

- **ELECTIVE**

Elective Courses: 22 (10 from the Department of Physiotherapy, 4 from the Department of Biomedical Sciences, 6 from the Department of Obstetrics and 2 from the Department of Biomedical Engineering). (of which he chooses 4)

GBM: General Background Modules: 10

1. Anatomy I
2. Anatomy II
3. First Aids
4. Physiology
5. Internal Medicine I
6. Internal Medicine II
7. Neurophysiology
8. Orthopaedics
9. Neurology
10. Basic Principles of Psychopathology

SBM: Special Background Modules:

1. Kinesiology-Biomechanics I
2. Kinesiology-Biomechanics II
3. Deontology and Bioethics
4. Research Methods
5. Adapted Physical Activity

SM = Speciality Modules: 22

1. Kinesiotherapy
2. Electrophysical Agents in Physiotherapy
3. Clinical Electrotherapy
4. Soft tissue mobilization
5. Respiratory Physiotherapy
6. Cardiovascular Physiotherapy
7. Clinical Training I

8. Mobilization of Neuromusculoskeletal Structures
9. Physiotherapy for Musculoskeletal Injuries
10. Physiotherapy in Musculoskeletal Disorders
11. Clinical Training II
12. Clinical work physiology
13. Sports Physiotherapy
14. Physiotherapy assessment - Clinical Reasoning
15. Motor control
16. Clinical Training III
17. Physiotherapy in Paediatric Neurological Disorders and Diseases
18. Physiotherapy in Adult Neurological Disorders and Diseases
19. Ergonomics and consultancy in physiotherapy
20. Physiotherapy in Special Population Groups
21. Clinical Placement (4 months)
22. Geriatric Physiotherapy

ELECTIVES MODULES : 23 (of which he chooses 4)**GROUP A (FALL SEMESTER)**

MODULE	CATEGORY OF MODULES	DEPT
1. BIOPHYSICS	GBM	PHYSIOTHERAPY
2. Paediatrics	GBM	PHYSIOTHERAPY
3. Paediatrics	GBM	PHYSIOTHERAPY
4. Diagnostic Imaging	GBM	PHYSIOTHERAPY
5. English Medical Terminology		PHYSIOTHERAPY
6. Computing in Health		PHYSIOTHERAPY
7. Pharmacology	GBM	BIOMEDICAL SCINECES
8. Health Science Management Principles		OBSTRECTICS
9. Teaching principles and methods – Communication		OBSTRECTICS
10. English Terminology		OBSTRECTICS

GROUP B (EASTER SEMESTER)

11. Health Science Management Principles		PHYSIOTHERAPY
12. Biostatistics		PHYSIOTHERAPY
13. Pharmakology	GBM	PHYSIOTHERAPY
14. Dissertation	ME	PHYSIOTHERAPY
15. Advanced physiotherapy	ME	PHYSIOTHERAPY
16. Principles of business management and organization of workshops		BIOMEDICAL SCIENCES
17. Principles of marketing		BIOMEDICAL SCIENCES
18. Nutrition and health		BIOMEDICAL SCIENCES
19. Epidemiology	GBM	OBSTRECTICS
20. Surgery	GBM	OBSTRECTICS
21. Health informatics		OBSTRECTICS
22. Medical information		BIOMEDICAL ENGINEERING
23. Electromechanical installations hospitals		BIOMEDICAL ENGINEERING

s/n		MODULES			LECTURE		WORKSHOP		TOTAL		S.W*	ECTS*	P
MANDATORY					HRS*	S.W*	HRS*	S.W*	HRS*	S.W*			
A*	B*	MODULES	CAT	CODE*									
1 st SEMESTER													
1	1	ANATOMY I	GBM	Π2-1010	3	160	-	-	3	160	160	5	11
2	2	PHYSIOLOGY	GBM	Π2-1020	3	160	-	-	3	160	160	5	15
3	3	KINESIOLOGY & BIOMECHANICS I	SBM	Π2-1030	3	150	2	60	5	210	210	7	19
4	4	FIRST AIDS	GBM	Π2-1040	3	140	-	-	3	140	140	5	25
5	5	DEONTOLOGY AND BIOETHICS	SBM	Π2-1050	3	140	-	-	3	140	140	5	29
6	6	ELECTIVE MODULE GROUP A	E	Π2-EA*	3	90	-		3	90	90	3	217-240
TOTAL 1 st SEMESTER					18	840	2	60	20	900	900	30	
2 nd SEMESTER													
7	7	ANATOMY II	GBM	Π2-2010	3	135			3	135	135	5	36
8	8	KINESIOLOGY & BIOMECHANICS II	SBM	Π2-2020	3	135	2	45	5	180	180	6	40
9	9	NEUROPHYSIOLOGY	GBM	Π2-2030	3	135			3	135	135	4	46
10	10	INTERNAL MEDICINE I	GBM	Π2-2040	3	135			3	135	135	4	50
11	11	ORTHOPAEDICS	GBM	Π2-2050	3	135			3	135	135	5	54
12	12	ELECTROPHYSICAL AGENTS IN PHYSIOTHERAPY	SM	Π2-2060	3	135	2	45	5	180	180	6	60
TOTAL 2 nd SEMESTER					18	810	4	90	22	900	900	30	
3 rd SEMESTER													
13	13	NEUROLOGY	GBM	Π2-3010	3	135			3	135	135	5	65
14	14	KINESIOTHERAPY	SM	Π2-3020	3	135	2	45	5	180	180	6	70
15	15	SOFT TISSUE MOBILIZATION	SM	Π2-3030	3	135	2	45	5	180	180	5	76
16	16	CLINICAL ELECTROTHERAPY	SM	Π2-3040	3	135	2	45	5	180	180	6	81
17	17	CLINICAL WORK PHYSIOLOGY	SM	Π2-3050	3	135	-		3	135	135	5	85
18	18	INTERNAL MEDICINE II	GBM	Π2-3060	3	90	-		3	90	90	3	91
TOTAL 3 rd SEMESTER					18	765	6	135	24	900	900	30	
4 th SEMESTER													
19	19	PHYSIOTHERAPY IN MUSCULOSKELETAL INJURIES	SM	Π2-4010	3	135	2	45	5	180	180	6	95
20	20	MOTOR CONTROL	SM	Π2-4020	3	135	2	45	5	180	180	6	102
21	21	RESPIRATORY PHYSIOTHERAPY	SM	Π2-4030	3	120	2	45	5	165	165	5	107
22	22	CARDIOVASCULAR PHYSIOTHERAPY	SM	Π2-4040	3	120	2	45	5	165	165	5	115
23	23	PHYSIOTHERAPY IN SPECIAL POPULATIONS	SM	Π2-4050	3	105	-		3	105	105	4	119
24	24	RESEARCH METHODS	SBM	Π2-4060	3	105	-		3	105	105	4	123
TOTAL 4 th SEMESTER					18	720	8	180	26	900	900	30	

s/n		MANDATORY			LECTURE		WORKSHOP		TOTAL		S.W*	ECTS*	P
MODULES					HRS*	S.W*	HRS*	S.W*	HRS*	S.W*			
A*	B*	MANDATORY MODULES	CAT	CODE*									
5 th SEMESTER													
25	25	CLINICAL TRAINING I	SM	Π2-5010	3	135	6	90	9	225	225	10	129
26	26	PHYSIOTHERAPY IN ADULT NEUROLOGICAL DISORDERS AND DISEASES	SM	Π2-5020	3	150	2	45	5	195	195	6	135
27	27	PHYSIOTHERAPY IN MUSCULOSKELETAL DISORDERS	SM	Π2-5030	3	150	2	45	5	195	195	5	141
28	28	MOBILIZATION OF NEUROMUSCULOSKELETAL STRUCTURES	SM	Π2-5040	3	150	2	45	5	195	195	6	147
29	29	ELECTIVE MODULE GROUP A	E	Π2-EA*	3	90	-	-	3	90	90	3	217-240
TOTAL 5 th SEMESTER					15	675	12	225	27	900	900	30	
6 th SEMESTER													
30	30	CLINICAL TRAINING II	SM	Π2-6010	3	120	12	180	15	300	300	10	154
31	31	PHYSIOTHERAPY IN PAEDIATRIC NEUROLOGICAL DISORDERS AND DISEASES	SM	Π2-6020	3	150	2	45	5	195	195	6	162
32	32	ERGONOMICS AND CONSULTANCY IN PHYSIOTHERAPY	SM	Π2-6030	3	90	2	45	5	135	135	5	167
33	33	SPORTS PHYSIOTHERAPY	SM	Π2-6040	3	135	2	45	5	180	180	6	173
34	34	ELECTIVE MODULE GROUP B	E	Π2-EB*	3	90	-	-	3	90	90	3	241-250
TOTAL 6 th SEMESTER					15	585	18	315	33	900	900	30	
7 th SEMESTER													
35	35	CLINICAL TRAINING III	SM	Π2-7010	3	180	6	90	9	270	270	10	181
36	36	GERIATRIC PHYSIOTHERAPY	SM	Π2-7020	3	180	-	-	3	180	180	6	191
37	37	PHYSIOTHERAPY ASSESSMENT - CLINICAL REASONING	SM	Π2-7030	3	130	-	-	3	130	130	4	200
38	38	ADAPTED PHYSICAL ACTIVITY	SBM	Π2-7040	3	160	-	-	3	160	160	5	204
39	39	BASIC PRINCIPLES OF PSYCHOPATHOLOGY	GBM	Π2-7050	3	160	-	-	3	160	160	5	208
TOTAL 7 th SEMESTER					15	810	6	90	21	900	900	30	
8 th SEMESTER													
40	40	CLINICAL TRAINING	SM	Π2-8010	-	-	40*	704	40*	704	704	23	214
ELECTIVE MODULES													
41	41	DISSERTATION	E	Π2-8020A	3	196	-	-	3	196	196	7	251
42		ADVANCED PHYSIOTHERAPY	E	Π2-8020B	3	196	-	-	3	196	196	7	255
TOTAL 8 th SEMESTER					3	196	40	704	43	900	900	30	
TOTAL US weekly					120	----	96	---	216	---	-----	----	
TOTAL US *					1560	5401	1248	1799	2808	7200	7200	240	

*: *A: Number of offered Modules *HRS: Hours Weekly

*B: number of modules to obtain a degree *S.W.: SEMESTER Workload

*ECTS: European Credit Transfer and Accumulation System

*TOTAL Undergraduate Curriculum [US]: total hours / SW / ECTS in the 4 years of studies without the inclusion of the internship in the teaching hours

Π2-EA* : the code of the elective course declared by the student from GROUP A (Π2-EA10, Π2-EA20, Π2-EA30, Π2-EA40, Π2-EA50 or Π2-EA60)

Π2-EB* : the code of the elective course declared by the student from GROUP B (Π2-EB10, Π2-EB20, Π2-EB30 or Π2-EB-4)

Internship

Practice internship (*MEETING NUMBER: 32/10-12-2024*)

The Department has issued a roadmap for the internship, available at the following website: http://www.phys.uniwa.gr/wp-content/uploads/sites/19/2018/11/Πρακτική_Άσκηση.pdf

The internship is conducted in the 8th semester of studies, and students may begin their training in March and, exceptionally, in October depending on the availability of positions at the respective organization.

A prerequisite is for the student to have successfully completed 2/3 of the total courses and to be indebted in up to 3 specialization courses (as listed in the current study program), but not any Clinical Training course. The internships of the students of UNIWA (University of West Attica) are an integral part of the study program of each department, have a duration of four months, and are carried out twice a year (October, March).

The evaluation of students is carried out by the Internship Committee (Evaluation Committee) under the responsibility of the Scientific Officer. The person responsible for internships for NSRF (National Strategic Reference Framework) issues is Ms. Irini Patsaki, Assistant Professor.



POSTGRADUATE STUDIES

Postgraduate (MSc) Studies

An MSc program of studies is established since 2019 in the department of physiotherapy, entitled: “New methods in Physiotherapy”. More information can be found at the following link: <https://phys.uniwa.gr/metapychiakes-spydes>



Doctoral (PhD) Studies (FEK 4441/08.10.2018)

The department of Physiotherapy is awarded a Doctorate Diploma in Physiotherapy Science. The Doctoral studies of the Physiotherapy Department aim at training Doctors in the fields of a) Circulatory and Musculoskeletal Systems, b) Nervous System, c) Respiratory System, which will have the ability of independent and autonomous promotion of science, research and technology. More information can be found at:

<http://www.phys.uniwa.gr/postgraduate-studies/>

Aim: The aim of doctoral studies is fulfilled with the elaboration of an original thesis according to the universal academic standards under the supervision of the 3-member Advisory Committee_(section 38 of law number 4485/2017).

Expected Title: The department of Physiotherapy awards the Doctoral Degree in Physiotherapy Science.

Post-doctoral Research (Post-doc)

In the frame of reinforcing research projects, UNIWA encourages and provides young researchers the opportunity to elaborate post-doctoral research in knowledge fields that fall into its research interests and objectives of academic units and institutionalized laboratories.

Primary aims of elaborating post doctoral research in UNIWA are the following:

- The support of new scientists, able to contribute to the progress of science, research and their implementations, particularly in peak areas, as well as the promotion of UNIWA as an Institution.
- The extension of the thesis research finds novel directions that interest UNIWA's research groups.
- The qualitative upgrade of scientific research and dissemination of findings and expertise.



CAMPUS PREMISES AND EQUIPMENT

Physiotherapy Laboratories

The department of Physiotherapy has 3 institutionalized laboratories.

(a) «Neuromuscular and Cardiovascular study of motion» with Professor

G. Papathanasiou as Director (<https://lanecasm.uniwa.gr>).

(b) Musculoskeletal Physiotherapy» with Associate Professor D. Stasinopoulos as

Director (<http://www.physiolab.uniwa.gr/department/>).

(c) «Advanced Physiotherapy» with Professor M. Papandreou as Director

(<https://ladphys.uniwa.gr>).

Laboratory and Research equipments

The department's facilities comprise of Physiotherapy labs (Anatomy, Human Assessment, Kinesiology, Massage, Neuromuscular training, Kinesiotherapy, Electrophysic agents, therapeutic exercise, Clinical Rehabilitation) as well Computer labs and Lecture theaters.

The laboratory equipment comprises scientific measuring instruments such as Isokinetic Dynamometer (Biodex, System III), Cycle ergometer, balance platform, diagnostic ultrasound, up to date physiotherapy clinic laboratory equipment, walking aids and exercise equipment (gymballs, dumbbells, parallel and multiple bars).

DISSERTATION WRITING GUIDE

For thesis writing visit the following link: [http://www.phys.uniwa.gr/undergraduate-studies/ English version](http://www.phys.uniwa.gr/undergraduate-studies/English%20version).

STUDENT SERVICES AND INFRASTRUCTURE

Library

The University of West Attica holds 2 updated academic libraries that offer their services to both students and academic staff. The opportunity to access databases, books and journals as well as ordering copies of journal papers.

UNIWA	Contact number	Lending service	E-mail	Webpage
University Campus 1	+30 2105385134	+30 2105385711	library1@uniwa.gr	http://library1.uniwa.gr/
University Campus 2	+30 2105381 007-1008	+30 2105381156	library2@uniwa.gr	http://library2.uniwa.gr/

Access to databases, books and journals, as the ordering study copies is available

Student Care Services

Student services

- Electronic services (e-mail, VPN, wireless access, data shipping, , αποστολή e-class, Pyles, Moodle, Eudoxus, Office 365, Webcast) (<https://www.uniwa.gr/foitites/>)
- Food/Dining Services (<https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/sitisi/>)
- Residences/ Accommodation (<https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/stegasi/>)
- Academic identity (ID) (<https://www.uniwa.gr/foitites/akadimaiki-taytotita/>)
- Health Services (<https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/ygeionomiki-ypiresia/>)

- Sports and Recreation (<https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/gymnastirio-athlitismos/>) and (<https://www.uniwa.gr/i-zoi-sto-pada/theatriki-omada/>)
- Students' counselor (<https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/synigoros-foititi/>)
- Awards-Scholarships (<https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/vraveia-ypotrofies/>).

Dining Services

UNIWA's campuses have student restaurants that offer breakfast, lunch and dinner. The student restaurant works daily, weekends and bank holidays from 1st September till 30th of June of the academic year, except during Christmas and Easter holidays. Detailed information for free dining services, as well as the application process and required documentation are provided in the beginning of the academic year from the Student Care Services and the following link <https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/sitisi/>. For applications visit the following link <http://sitisi.uniwa.gr/>.

Student Residences

UNIWA provides the opportunity for accommodation in the beneficiary students, although it does not own hall of residences. However, students have the chance to apply for provision of free accommodation either in the Old Hall of Residences in the National Technical University of Athens Campus in Zografou, under the conditions and requirements claimed (for information visit the following link: <https://www.ntua.gr/en/services/facilities-for-students/>) or in the hall of residencies in Athens University (provided that their siblings also stay in). For information visit the following link: https://en.uoa.gr/about_us/services_units/. Detailed information for free dining services, as well as the application process and required documentation are provided in the beginning of the academic year from the Student Care Services and the following link <https://merimna.uniwa.gr/foititiki-estia/>.

Health Services

Undergraduate, postgraduate and PhD students are entitled to full medical and hospital healthcare and in the National Health Care System with their social security number. UNIWA holds medical facilities inside the Campuses. Apart from the medical facilities, each Campus holds specialised medical services in collaboration with academic staff that belong to the School of Health Sciences of the University. For more information visit the following link: <https://www.uniwa.gr/en/life-at-uniwa/student-services/healthcare-services/>.

Sports and Recreation Services

UNIWA holds a fully equipped gym. Going to the gym is free of charge for students, academic staff and members of the academic community during the academic year except for Saturday and Sunday. Gym staff are there to help and guide those interested in the facilities. Physiotherapy students have been distinguished in sports activities, participating in student championships, panhellenic and international sports activities. More information regarding how the gym facilities work is provided at the beginning of the academic year from the Sports Department. (<https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/gymnastirio-athlitismos/>).

The theatre group of UNIWA called the “The third bell” was founded in 2004. The proposal to create a theatre group was initialized by the groups’ the stage manager Panagiotis Spiliopoulos, who is in charge since its foundation (<https://www.uniwa.gr/i-zoi-sto-pada/theatriki-omada/>). Aim of the group is the cultural participation of members of the UNIWA society in the Theatre art field. The group pursues to promote UNIWA, via the art of theatre, with the presentation of theatre shows in the UNIWA campus as well as the participation of the theatre group in International and local festivals. (<https://www.tritokoudouni.com/contact/> and contact email: pspiliop@uniwa.gr).

Physiotherapy students are active members of the UNIWA theatre group. The aim of the department is the promotion of arts and crafts to students, encouraging participation in local and student festivals of amateur theatre and music groups.

International mobility

International student' and Physiotherapy academic staff' mobility is organized and fulfilled from the International Relations Office of UNIWA (<https://erasmus.uniwa.gr/>) in Erasmus/Studies actions (fulfillment of part of study period in Institutes abroad) and Erasmus/Placement (fulfillment of part of clinical placement in International bodies abroad).

The department of Physiotherapy holds collaborations with Institutes abroad within the Erasmus Studies Erasmus Places. For more information visit the following links:

<https://eclass.uniwa.gr/courses/PHYS476/>

<https://erasmus.uniwa.gr/klassiki-kinitikotita/panepistimia/>.

Erasmus Departemnt Coordiantor is Dr. George Krekoulas, Assistant Professor.

Student Counselor

The student counselor institution aims to mediate amongst student and academic staff or administrative services of the University to resolve poor management issues and ensure legal compliance and proper functioning. The student counselor does not control examination and grading issues. Students can submit relevant reports electronically in the following email address: synigorostoufoititi@uniwa.gr, completing the attached application of mediation. For more information visit the following links:

<https://www.uniwa.gr/i-zoi-sto-pada/paroches-merimna/synigoros-foititi/>

<https://prosvasi.uniwa.gr/rythmiseis-gia-tis-exetaseis/>

<https://prosvasi.uniwa.gr/symvoyloi-kathigites/>

An academic counselor for students with special needs is Dr. Dafni Bakalidou, Professor.