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He specializes in physiotherapy for children and adolescents with neurodevelopmental and neuromotor disorders and has extensive experience in clinical practice, educational programs in Greece and abroad, and research projects.

Since 2017, he has been active in rehabilitation and physiotherapy centers for children and adolescents. His research and clinical work focus on improving motor function and quality of life in children and adolescents with disabilities, through evidence-based methods and participation in conferences, publications, and European-funded programs.